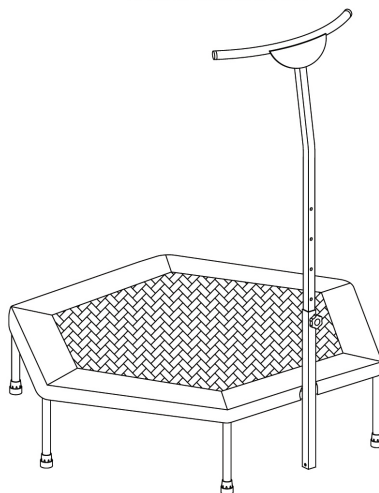




HART Hex Trampoline Instruction

Hex Trampoline

Assembly, Installation, Care, Maintenance, and User Instructions



N.W. approx. 14kg

Surface Area : approx. 96.5 x 83.5cm

Assembly Size: approx. 116cm (L) x 125.5cm (W) x 120~154cm (H)

IT IS VERY IMPORTANT THAT YOU READ AND UNDERSTAND THE INSTRUCTIONS BEFORE ASSEMBLING AND USING THE TRAMPOLINE.

Always consult your health practitioner before undertaking any new exercise activities. We recommend that training is undertaken under the supervision of a qualified exercise professional.



WARNING

- These instructions are important to minimise chances of injury. Please read each of them thoroughly before you assemble and use this trampoline. Retain this manual for future reference.
- Maximum weight of the user shall NOT exceed 286lbs/130kg for this product.
- No more than one person on the trampoline at a time. Multiple users increase the risk of injury.
- Indoor use only.
- Adult supervision required.
- Not suitable for children under 3 years. Small parts. Choking hazard.
- Always ensure the trampoline is on level ground with a minimum of 1 meter clear space from any structure or obstruction. This area must also include the area for emergency dismount.



HART Hex Trampoline Instruction

Important Safety Information

Please keep this manual in a safe place for reference.

1. It is important to read this entire manual before assembling and using the equipment. Safe and efficient use can only be achieved if the equipment is assembled, maintained and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.
2. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet.
3. The safety level of the equipment can only be maintained if it is regularly examined for damage and/or wear and tear. Special attention to components most susceptible to wear (e.g. mat, padding and its attachment, tension and its mounts, anti-slip or connection points).
4. Always use the equipment as indicated. If you find any defective components whilst assembling or checking the equipment, or if you hear any unusual noise coming from the equipment during use, stop. Do not use the equipment until the problem has been rectified. Defective parts are to be replaced in accordance with the manufacturer's instructions.
5. Wear suitable clothing whilst using the equipment. Avoid wearing loose clothing which may get caught in the equipment or that may restrict or prevent movement.
6. Care must be taken when lifting or moving the equipment so as not to injure your back. Always use proper lifting techniques and/or use assistance.
7. Warning. Not suitable for children under 3 years. Small parts. Choking hazard.
8. Warning. Maximum weight of user : 286lbs/130kg.
9. Warning One user only at a time. Collision hazard.
10. Warning. Do not use the mat when it is wet.
11. Warning. Empty pockets and hands before use.
12. Always jump in the middle of the mat.
13. Warning. Do not eat while jumping.
14. Warning. Do not exit by a jump.
15. Trampolines shall neither be installed over concrete, asphalt or any other hard surface nor at proximity of other conflicting installations (e.g. paddling pools, swings, slides, climbing frames).
16. Adult supervision required.
17. No somersaults.
18. When using the trampoline, always keep your body weight centered. Do NOT lean your entire body weight on the handlebar in order to avoid flipping or tipping over.



HART Hex Trampoline Instruction



IMPORTANT!

READ IT! Failure to follow these instructions to ensure proper operational condition of your trampoline may lead to serious injury or death. Do not allow more than one person on the trampoline at a time.

- **Maintenance instruction:**

Carry out checks and maintenance of the main parts (frame, suspension system, mat and Anti-slip) at regular intervals. If these checks are not carried out, the trampoline could become dangerous.

- Regular maintenance is required. Neglecting regular maintenance can lead to a risk for users.
- All nuts and bolts must be checked for tightness and if necessary must be retightened.
- All elastic cords and joints must be checked to see that they are still intact and cannot become dislodged during use.
- Check all coverings for bolts and sharp edges and replace them if necessary.
- Check that mat is without defect and can withstand load. Environment and extreme temperatures will make these parts lose strength.



Parts List

Part Number	Diagram	Description	Quantity
1		Trampoline Mat, Pre- assembled elastic cords (x36 pcs) with Top Rail	1
2		Frame Pad	1
3		Leg with Leg Cap	6
4		T-Part with Handlebar	1
5		Upper Support Tube	1
6		Lower Support Tube	1
7		Screws (1/4*17mm)	2
8		Nut	2
9		Spring Washer	2
10		Flat Washer	2
11		Screw Lock	1
12		Wrench	1
13		Allen Wrench	1

HART Hex Trampoline Instruction

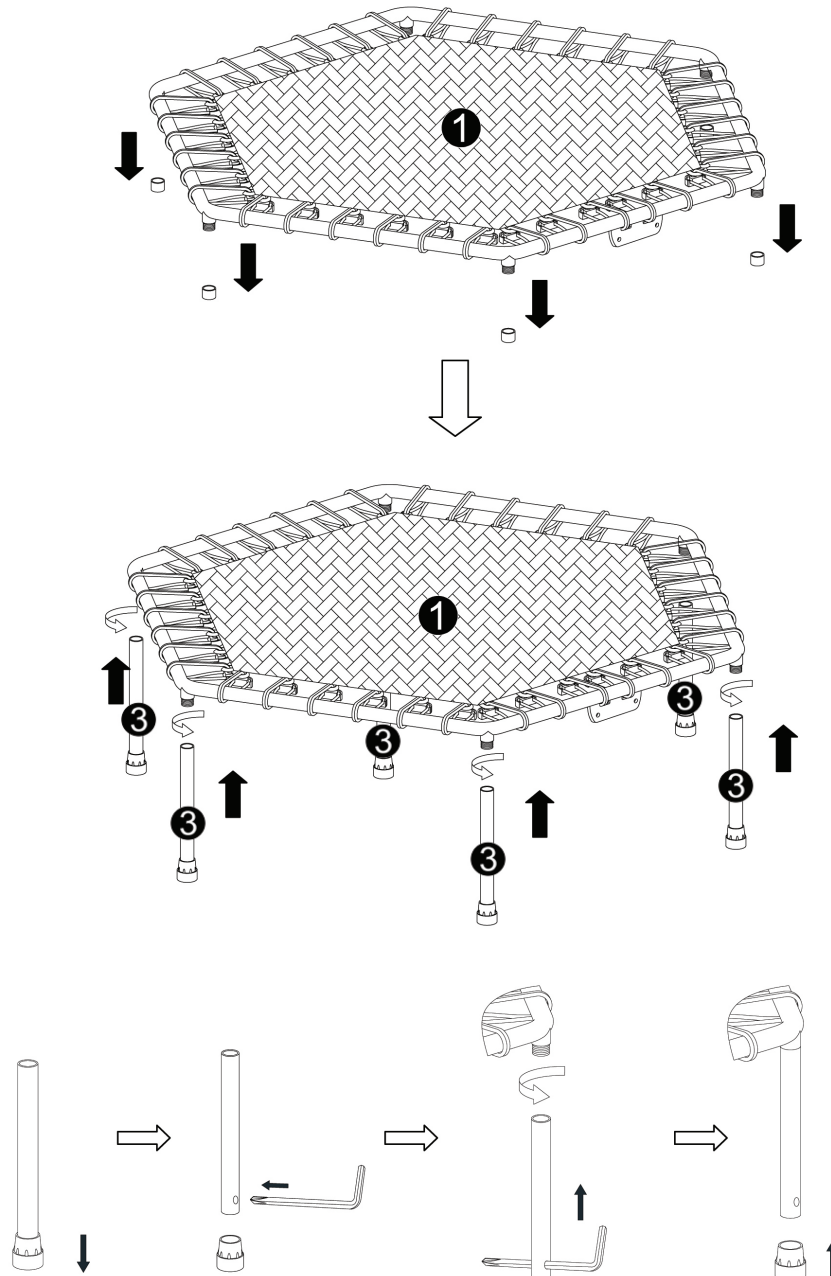


HART Hex Trampoline Instruction

ASSEMBLY INSTRUCTION

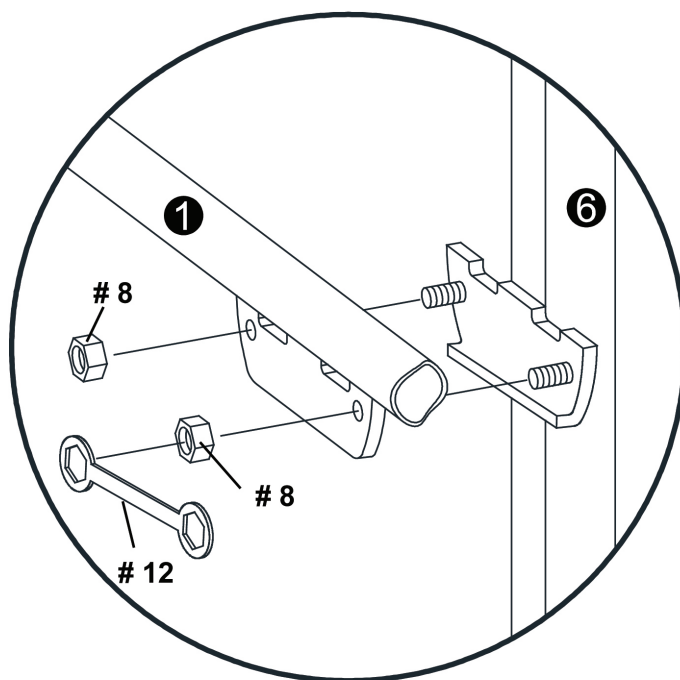
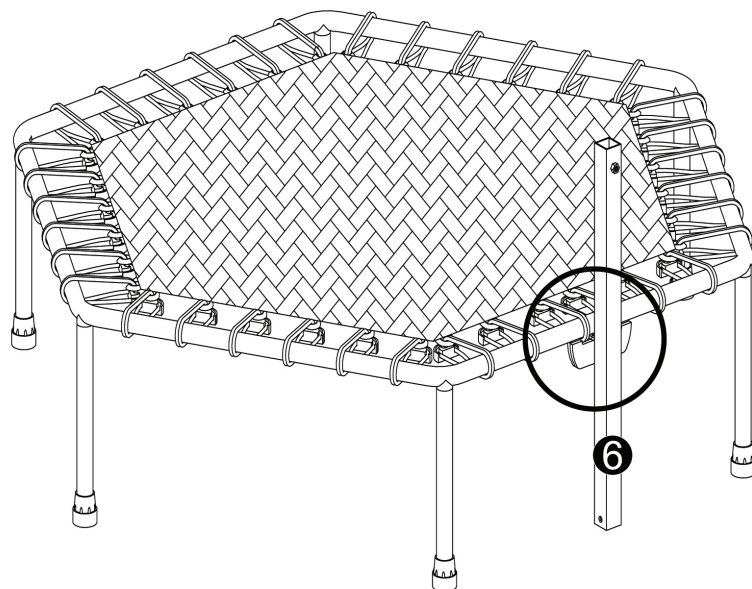
STEP 1

- Two adults shall assemble the trampoline and check it before use.





STEP 2

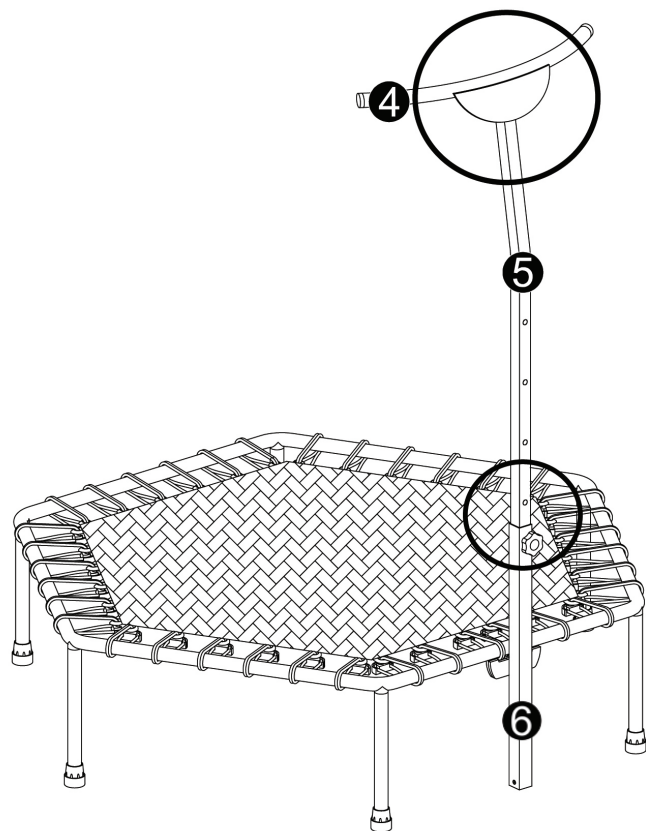
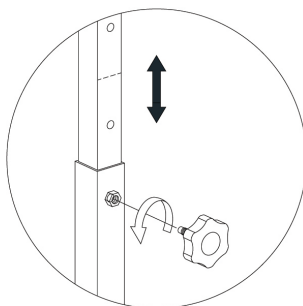
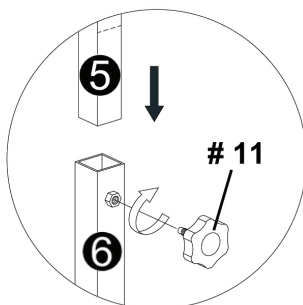
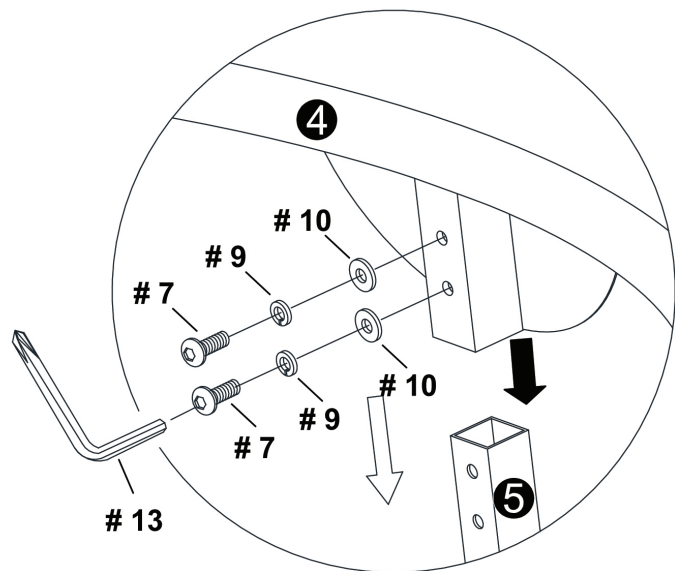


HART Hex Trampoline Instruction



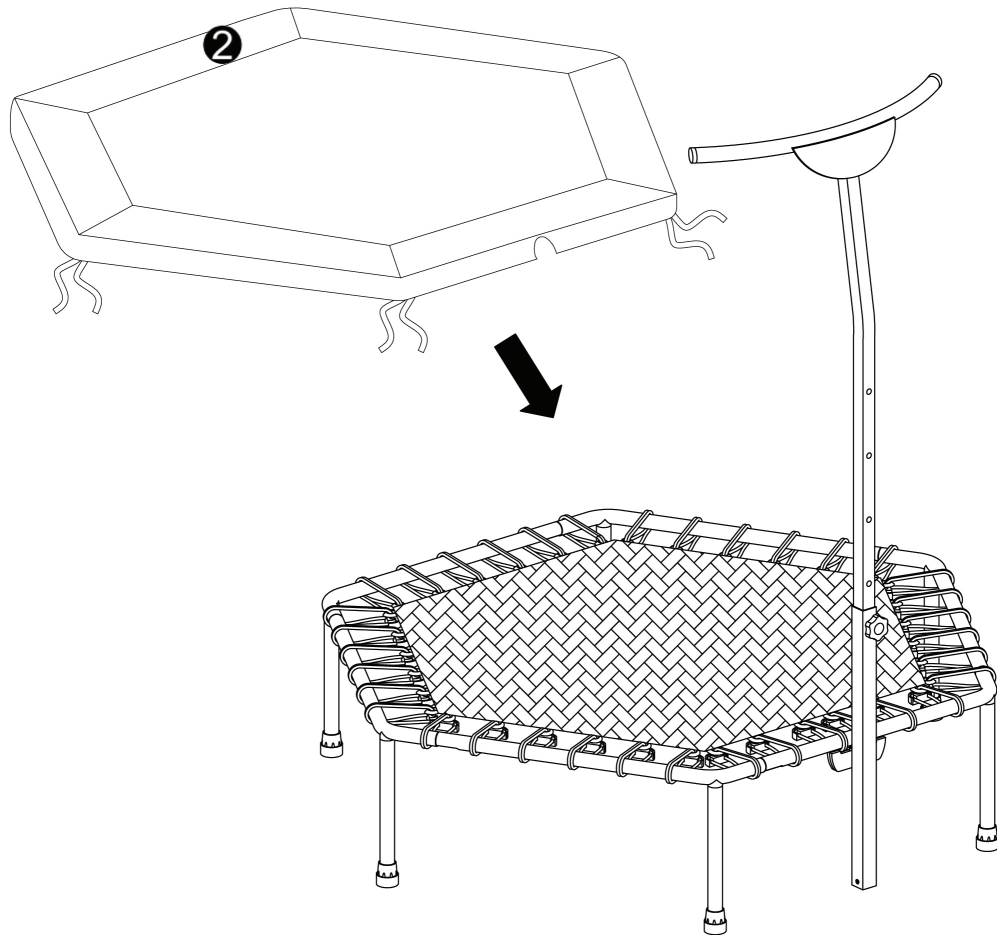
HART Hex Trampoline Instruction

STEP 3





STEP 4

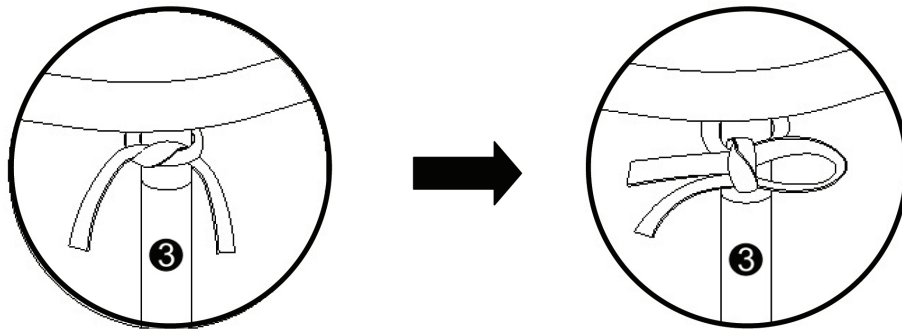
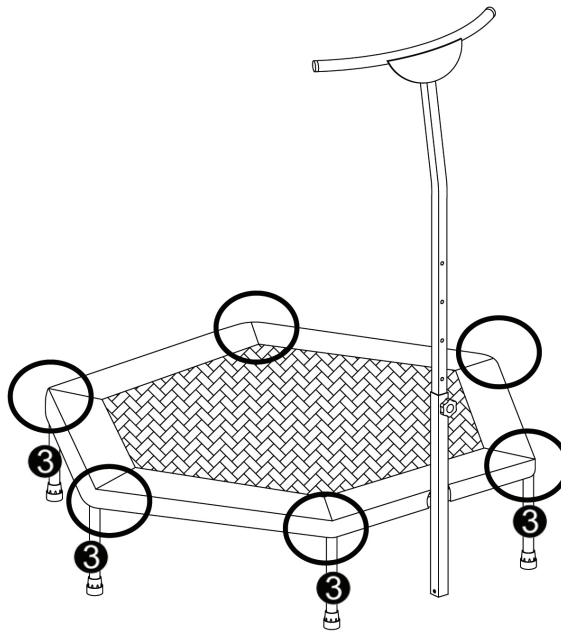


HART Hex Trampoline Instruction



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STEP 5

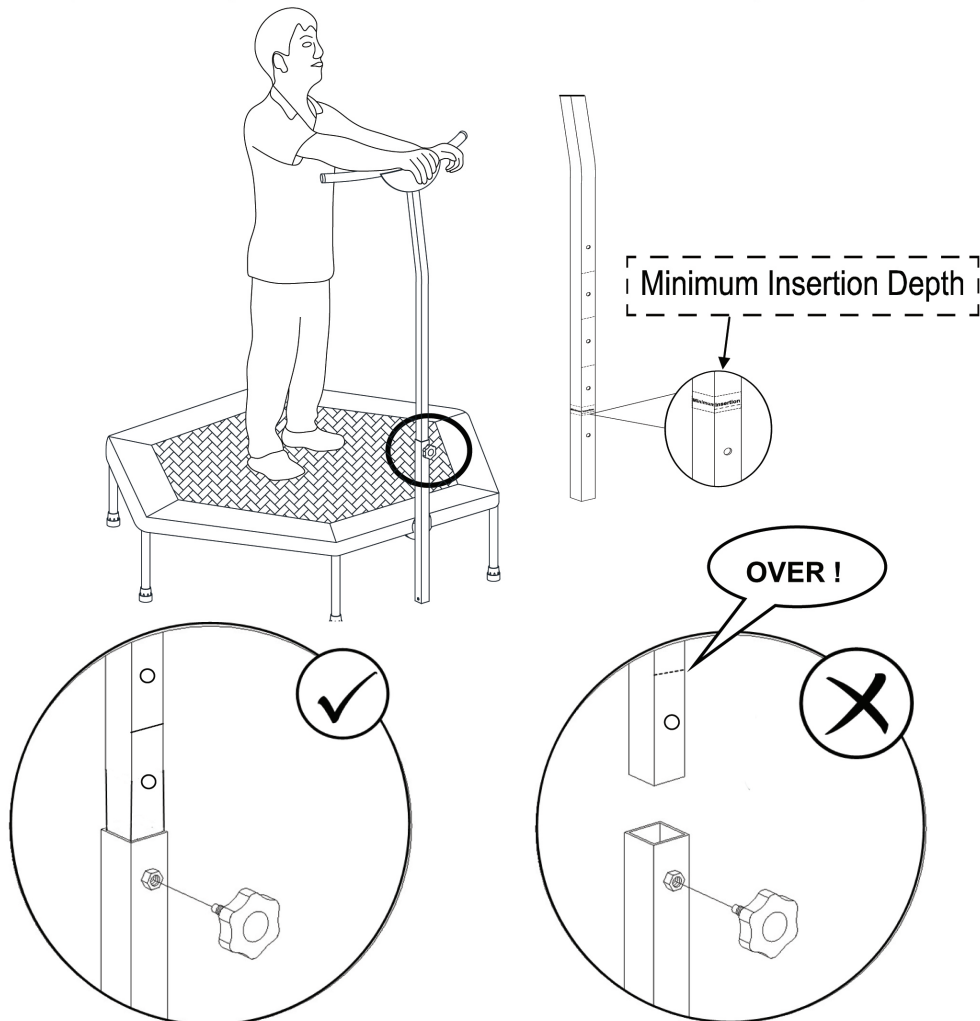




HART Hex Trampoline Instruction

Adjustable Handlebar (Optional)

- The handlebar can be adjusted based on the user height. When adjusting the Upper Support Tube, please ensure that the indented mark can be seen once fully assembled.
- **Hint:** When using the trampoline, always keep your body weight centered. Do NOT lean your entire body weight on the handlebar in order to avoid flipping or tipping over.



Disassembly of the Trampoline

To disassemble the trampoline, follow assembly in reverse order.


MOVING THE TRAMPOLINE

When moving, lift the trampoline slightly off the ground and keep it horizontal to the ground. For any type of other movement, you should disassemble the trampoline.



HART Hex Trampoline Instruction

Parts List for Future assembly of Elastic Cords

A		Elastic Cord Loading Tool	1
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Please retain this Elastic Cord Loading Tool for future use when replacing the elastic cords.

