



**Dumbbell Rack Assembly Instruction - 2 tier with optional 3rd tier**

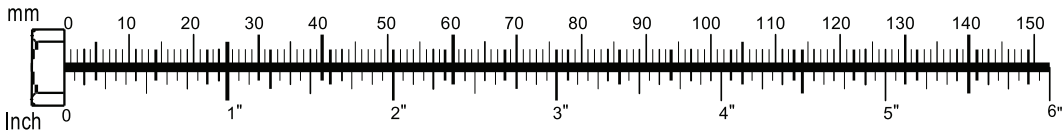




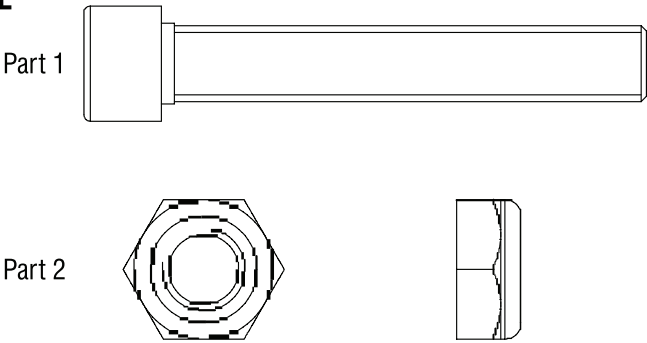
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**COMPONENTS LIST**

PART	QTY	DESCRIPTION
1	8	Round Bolt 12x75mm
2	8	Nylon Lock Nut 12mm
3	4	Foot Cap 50x50mm
4	2	End Cap 50x75mm
5	1	General Warning Sticker
6	1	HART Sport Logo
7	1	Maintenance Label
8	1	HART Sport Plastic Plate



**PARTS TO SCALE**



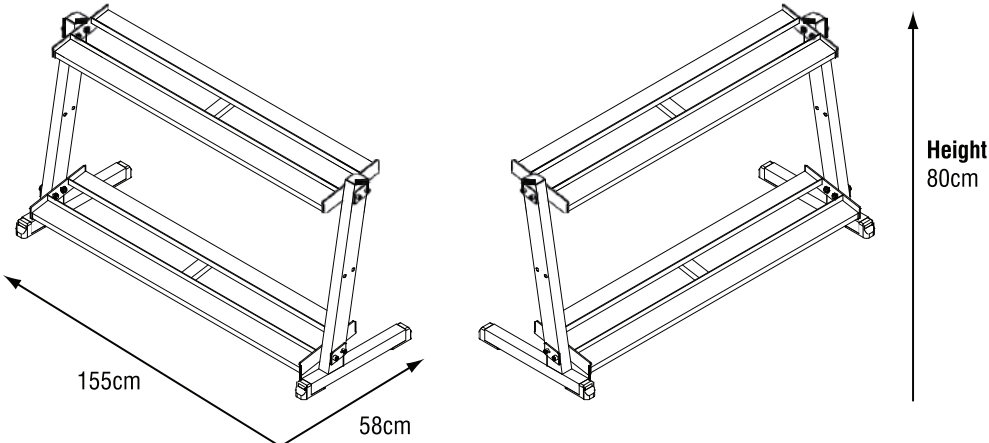
**HARDWARE LIST**

PART	QTY	DESCRIPTION
A	2	Main Base Frame
B	2	Storage Bar
C	4	Plate

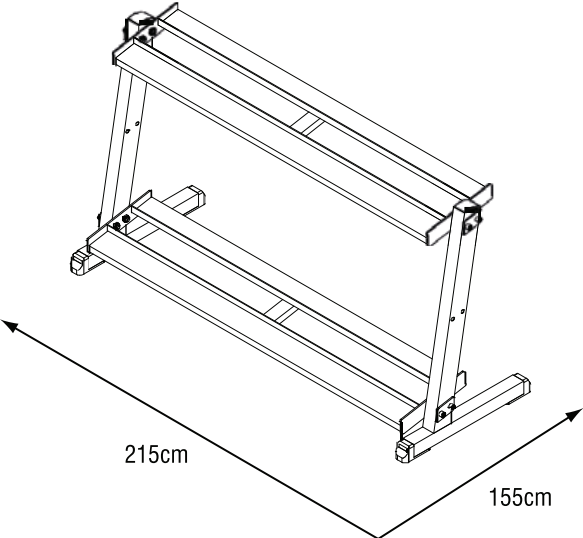


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MINIMUM USAGE SPACE



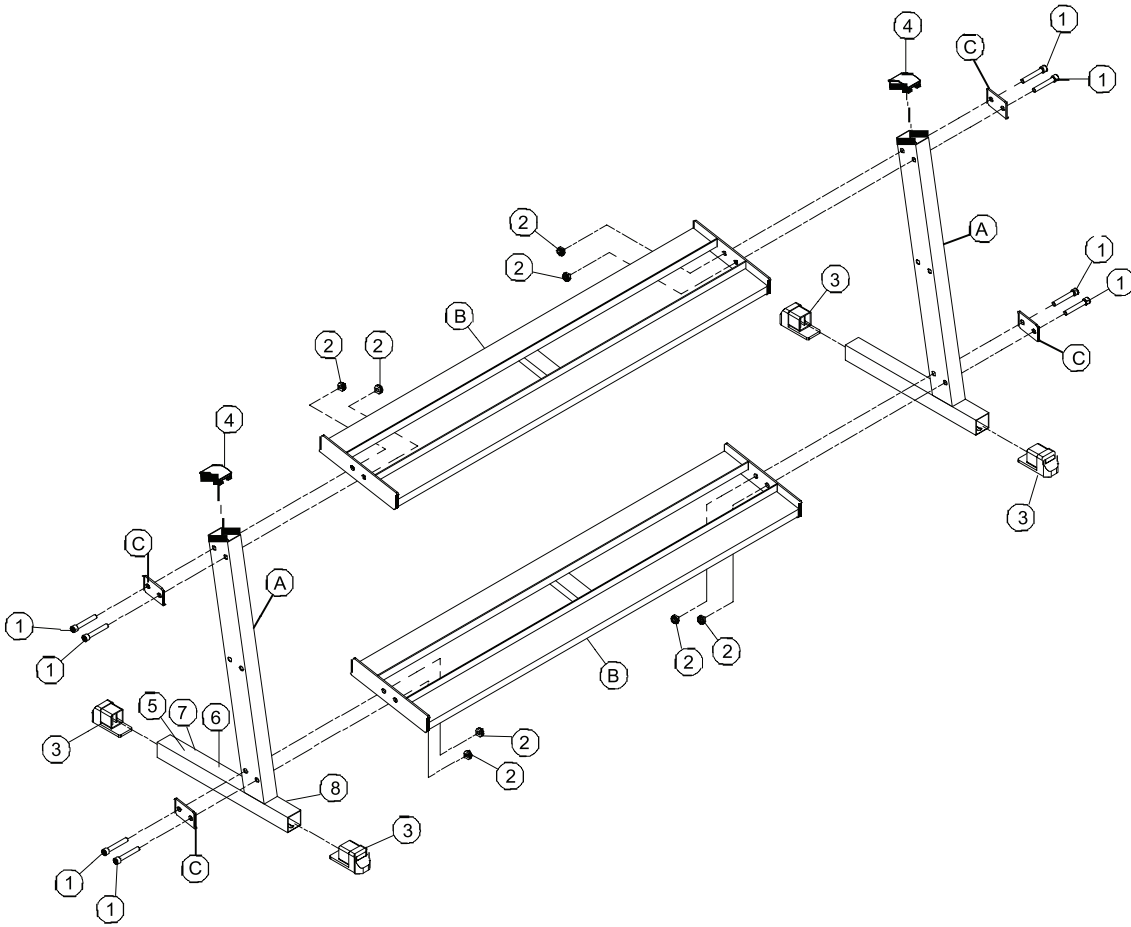
RECOMMENDED USAGE SPACE



**PLEASE NOTE:** Usage space required may vary depending on the user.



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## Dumbbell Rack Assembly Instruction - 2 tier with optional 3rd tier

### BEFORE

- Check all equipment has been supplied as per the Components/ Hardware Lists.
- Construct the 2 Tier Dumbbell Rack in a large, clear working space.
- A two person assembly is the most efficient way to put together the dumbbell rack.

### DURING

- It is recommended to install the lower rack first, however, DO NOT overtighten these bolts so that necessary adjustments can be made.

### AFTER

- Check that all nuts, bolts, are in the correct positions and firmly tightened, before use.